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Subject:

FW: Better Connected - Blackpool Better Start Newsletter



**Blackpool
Better Start**

Better Connected
November 2022



Welcome

Welcome to the Blackpool Better Start quarterly newsletter! We're here to bring you all the latest information about events and activities we have planned for Blackpool families to enjoy.

You can also find out about the events and training we offer to local early years professionals too.

If you have any feedback, or if you'd like us to include one of your events, please contact us [here](#)

Festive Fun for Families!

This year Blackpool Better Start is giving every child aged 0-4 in Blackpool a free personalised letter from Father Christmas, posted to your door! To get this special letter for the little people in your life, families can register [here](#).





Families can also enter a ballot to visit Father Christmas in his grotto by visiting our booking link to [enter the draw](#).
 The grottos will run from 5th - 9th December from Westminster, Mereside Freedom Centre and @The Grange, giving local 0-4s magical

Cost-of-Living Support

This month we have launched our first ever Cost-of-Living roadshow, to help families cut through the confusion and get free, friendly and confidential advice from our Community Connectors and trusted partners.

Over 40 families attended the event, and as a result we will be holding weekly drop-ins and future roadshows to help support families through these difficult times. For more information, please check the Family Hub timetables on the [Better Start website](#).

To keep up to date with all our news, please visit the [Better Start Facebook page](#).

Confused about cost of living support and advice on offer?

Apply for your place at our 'Cost of Living' event for Blackpool families including free play session for little ones

Blackpool Better Start

COST OF LIVING ROADSHOW

Thursday 10th Nov, 1-3pm
 at St Johns Church
 (Opposite Winter Gardens)
 FY1 1BP

Offers include:

- Low cost 0-4 clothing
- Free keeping warm kits
- Free hot brews & food box
- Better Start packs & vitamins
- Play session for 0-4s

Find out about:

- Help with forms
- Energy advice
- Grants and funds
- Local offers

Scan QR code to apply for your place or visit <https://bit.ly/3p210wz7H>

Early Years Workforce Learning Events



Blackpool Better Start

Learning Events 2022-23



Book on via the included links below which will direct you to the relevant learning event.

Any Blackpool Council staff member should book using the internal Employee Self Service booking system linked below. Please ensure you are signed in to ESS here [[ESS - Login \(webitrent.com\)](#)] to access the training links. If you are not an employee of

Blackpool Council, book via the linked external training application form hosted on the Blackpool Council website.

Resilience Film: The Biology of Stress and the Science of Hope <i>(90 mins, online)</i> This documentary film reveals how toxic stress can trigger hormones that wreak havoc on the brains and bodies of children which can lead to lifelong adversity. Aimed at those working with young school age children and teens.	8 th Nov 4:00pm—5:30pm
	24 th Nov 10:30am—12:00pm
	13 th Dec 1:00pm—2:30pm
	3 rd Mar 1:00pm—2:30pm
	Council employee booking External applicant booking
Introducing the Blackpool Parent Infant Relationship Service <i>(1 hour, online, delivered via Microsoft Teams)</i> Join us in introducing our new Parent Infant Mental Health Team in Blackpool, exploring what our service offers to parents, infants, and the workforce, and providing greater insight into the importance of infant mental health.	23 rd Nov 12:30pm—1:30pm Council employee booking External applicant booking
Fathers and Perinatal Mental Health <i>(Full day, The Solaris Centre)</i> Presented by Community Engagement Officer Colin Smy and Specialist Health Visitor Tracy Greenwood This one-day training delivered by local Champions trained through the Institute of Health Visiting will increase knowledge of the neglected and inadequately understood mental health needs of fathers, better preparing them for parenthood.	30 th Nov, 25 th Jan 9:30am—4:30pm Council employee booking External applicant booking
Future learning events to be announced	
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Further learning events are planned for the following dates with information to follow:

7th Dec, 23rd Jan

If you have any questions or for further event details please email:

owd@blackpool.gov.uk

The work Better Start is doing is for professionals who have contact with expectant parents and children aged 0-4yrs.



@CECDBlackpool

www.blackpoolbetterstart.org.uk



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COMMUNITY FUND

For more information about booking onto workforce training events, please visit [Training and events page](#)



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